



# JNANA JYOTHI



Monthly College News Letter

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**Government Degree College, Rajam,  
Srikakulam Dist., A.P.**

**(Affiliated To Dr B.R Ambedkar University, Srikakulam, A.P.)**

# All is in the mind ...

Ganges is sacred for the reason that it renders one pure. One bathes to enter into a freshening day, everyday. A plunge in the mother Ganges, sure enough, is a road to cleansing of one's dust of the spirit, for a longer time.

On the material plane, man's acts are sure a curdling in the dirt and as well a run for the cure. He is drawn always into the mire of life, and it being mire, he is dragged into it. As much one tries a pull out, As much it is a maroon of the worst kind. Hence are the renewed efforts at cleansing ourselves everytime.

Is it possible that all our sins are washed away by a drown? Or by a visit to holy place? Yes. That sense of holiness that sets on on the visits is indication of shedding the murkiness of sins. It is one such occasion where we make certain resolutions of our life. I will do this, I do not do that etc.

A kind of calm and a serenity we feel during our stay in a holy place. The holier the place is, the greater will be the calm. But it lasts only as long as one is in the abode. Here again it is in two ways. Petty and common minds have the impact for the moment and great minds are rendered greater in their mental set up. Newer and holier the place, the better.

గంగేచ యమునేచైవ గోదావరి సరస్వతీ

నర్మదే సింధు కావేరి జలేస్మిన్ సన్నిధిం కురు

A change in the thoughts will invariably bring about a change in the actions. A Hindu sees the sacred Ganga in all the rivers and even in the water available at hand. While a simple every day bath is capable of bringing a calm, a visit to a holy place or a plunge in a holy river spells in a magical change. That is the occasion when a kind of truth dawns on us. A kind of oneness with something beyond our being. We are drawn towards some unknown truth.

They are stress busters, to speak in the jargon of modern times.

Even on mundane plane, the day to day affairs have a common goal. Various activities are planned for it. All the hands work towards those goals. As many the activities are, as much is the resultant wisdom. As much honesty is invested into the tasks, as much is the road to success, both on the side of the institution and the individual. Needless to say that a college is the only place where many activities are undertaken for purification, a better change, and a better tomorrow. The government degree college, Rajam is the right place for ideal and noble thoughts.

యదక్షర పదభ్రష్టం మాత్రా హీనం తు యద్భవే త్

తత్ సర్వం క్షమ్యతాం దేవా సదా శివా నమోస్తుతే

For every corrupt letter, lapses arising in the metre please forgive me O lord Shiva! Please accept my obeissances!

From the Editors Desk.



**Dr. P .SWAPNA HAINDAVEE,**

**M.A. Ph.D**

**PRINCIPAL , GDC, RAJAM**



- ❖ BOTANICAL TOUR
- ❖ BLOOD DONATION CAMP
- ❖ PRESENTATION OF WATER CANS
- ❖ YOGA CLASS  
(SURYANAMASKARS)
- ❖ FRESHERS DAY CELEBRATIONS
- ❖ INTERNATIONAL MATRU BHASHA DINOTSAVAM
- ❖ \*SCIENCE DAY
- ❖ STUDENTS FOR A VISKAR

## BOTANICAL TOUR

A tour is a journey into one's own spirit. 'Joy' is what the mind affords. Hence tours bring joy, spiritual solace and comfort. Study tours, historical tours, cultural tours and spiritual tours are different levels of reasons for joy. Hence tours are not a modern day incidence. They are in vogue since the times of King Bharat.



Columbus, Marco Polo, Pahian, Hyuvan tsang had toured to study history. Alexander, the Great toured to build his Crown on the smoldering ruins of his rampage. Paul Brunton toured to know the secret India. Every tour heightened their learning and the tours were rather a practical examination of the truth.

Tours at an early age result in an early awakening of mind and soul. Such a tour was undertaken by our college students on 02.02.2022 to throw more light on their learning and to give them a hands on experience of the flora, under the leadership of. Dr. S. Radha, lecturer in Botany. This local field trip was carried out with about 25

students and they noticed various varieties of medicinal plants like burush, vinca, Black board tree, wood plants like taek, tamarind tree, margosa and certain endangered varieties like Acacia, herbal plants like Indian gooseberry etc. The tour was flagged off by the principal of college Dr. P. Swapna Haindavi.

## BLOOD DONATION CAMP

Karna, the great warrior of the Mahabharata donated money to people in need. Usually it is the rich who usually donate anything.

Certain people voluntarily renounce or sacrifice things. Ashoka renounced war, Siddhardha renounced the material comforts, Harischandra left the untruth, and King Sibi his life. Even while retaining when we give, it is





donating. Renounce, sacrifice or donate, yet we do not lose anything, rather we gain. We are rendered kinder, greater and nobler. But a few of these acts need a great heart, and money too. A kind heart is the temple, pious people say.



Donating blood does not need money. It only needs a heart. A man was offering his seat in a bus everytime to others. He was doing it because he was poor, yet he wanted to give something. He was offering his seat which had come to him free. Mind to give is essential. The story of Shirdi Sai reveals that Sai who lived on alms donated everything to the needy and turned empty by evening.

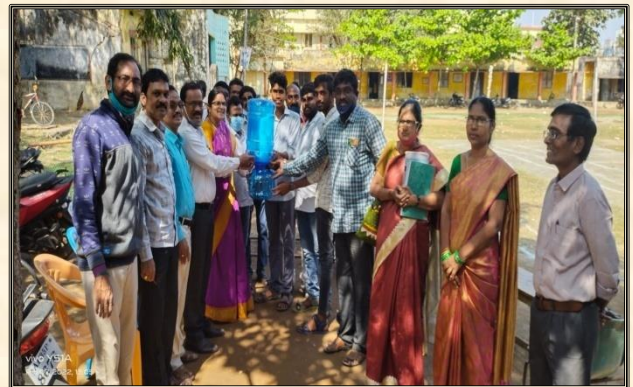
A blood donation camp organised in our college premises with the help of the Red Ribbon Club and N.S.S wing on 5.2.22 turned out to be a huge success. The students showed great promise in that they were capable of noble acts. About 31 students donated their blood. The flip of the thing is that malnourishment was widely observed among the students in the process, which evidences the plight of the rural side, especial the girl folk.

The principal, staff also worked hard to bring awareness on blood donation and its committant benefits. An effort was also made to dispel certain misconceptions on donating blood among the students.



## **PRESENTATION OF WATER CANS**

Example is better than the precept. Giving and donating are not only acts of kindness, but also they serve as a source of inspiration, in a place where young minds dwell. This generation does not have people in any walk of life who can serve as a great motivation. Harischandra, Vivekananda, Mahatma Gandhi, Prakasam, who were precepts and examples themselves are today not found and they are only stories to this generation. Doing our mite to serve as a motivation is only what we can do. This is what is done by our principal, Dr. P. Swapna Haindavi when she presented a few water cans to students. Roofless as we are, All of us including the students are finding it hard to meet even the minimum needs. Water is a big scarcity and preserving it is another trouble. But we have to do what is in our capacity. Hence this small gesture is made by our principal to see the students in good comfort. Even if these small acts of motivation do not help solve all the problems, atleast they will inspire the attitude of self help. Kudos to our great source of motivation, our principal.





## **YOGA CLASS ( Suryanamaskars )**

Yoga is a system which takes care of man's physical and mental well being. This Indian system today has practitioners world over. Thailand, Costa Rica, Bali, Australia are a few of them. Maharashtra, Haryana, Rajasthan and Chattisgarh have made it a part of their curriculum. Here in our college, it is an extra curricular activity. This college arranges for all the activities, for the reason that man is a combination of many activities and capable of many talents.



Suryanamskars in Indian culture have a special place. As a harbinger of health, the place and importance of the Sun have long since been recognised. He is the lord of health.

Suryanamskars are a combination of body flexibility, breathing and chant. They strengthen the spine, muscles and nerves, improve digestion and give mental relaxation as well. Pranamasana, hasta uttanasana, hasta padasana, chaturanga dandasana, ashtanga namaskar various types. Eight of those types were taught by the yoga teacher, who was invited by the principal on the day. They were repeated 3 times and their importance was also explained. Principal, Staff and students participated in the event.

## **FRESHERS DAY CELEBRATIONS**



Freshers Day, aimed at welcoming 1year degree students was celebrated with great ardor and zeal. The preparations for the event had started quite early and there was an air of expectancy and enthusiasm all over. Various teams were formed by the principal comprising of staff and students. Organising committee, Cultural committee, Stage decoration committee, Sports committee were a few of them. Meetings were constantly arranged to review the progress.

Various competitions were conducted on the occasion. Singing, running, essay writing, elocution competitions were conducted and separate prizes were announced for boys and girls.

On the day, arrangements were begun quite early in the morning and Kalavedika was decorated with flowers and balloons. A beautiful podium was arranged. Fruit bouquets were ordered to honour the guests by the principal, Dr. P. Swapna Haindavi. The job of welcoming the guests to the dais was undertaken by Dr. B. Venugopalarao, lecturer in English. Later principal of the college continued the proceedings. The programme began with a prayer song, sang in praise of goddess Saraswati, while lightening of the lamp set an auspicious tone to the proceedings.





The chief guest, Prof. N.A.D. Pal, ASC, Andhra University had arrived to a warm welcome by the principal, staff and students. A rhythmic N.C.C claps followed his arrival. His speech had all along been motivational and inspiring and there was a pinch of humour which worked as a tickler for the exhausted senses and the clamoring bowels. He narrated how much he suffered while was a student and the times he had to consume stale food. He explained 'never say die spirit's only can save the day for us.

C.I, Rajam, Sri P.Srinivasa rao, who attended the programme as special guest explained that discipline and sincerity are the only the routes to success. Another special guest K.Sai Prasanth, IRCS president and Secretary, CDPC lamented that the students did not have enough English skills, and stressed on the need to equip themselves with necessary skills be successful in life. He pitied that college still does not have a building of its own, despite having a good strength and making progress on all fronts.



Dr. P. Surya Rao, Vice Principal explained at length to follow the example of principal and work hard to reach their goals.

Sri A.P. Govinda Raju, S.T.O, Rajam, in his speech, impressed the students on the necessity to acquire skills. He lauded the government colleges saying that they are places where quality teachers are available. Hence he advised the students to join government colleges.

Sri P.Chaitanya Kumar, speaking on the occasion narrated that he knew the college since the days of its inception and that with their efforts that the Kalavedika, place where meetings are held, was constructed.

Sri P. Srinivasa rao, CDPC member congratulated the principal, staff and students for arranging such a beautiful programme and said that such programs bring students closer.

Then the guests on the dais inaugurated the first issue of college news letter, 'Gnana Jyothi' and the copies were distributed. In the afternoon, cultural





programmes were conducted where students showcased their talents in song, dance and other activities. The programme was ended with the singing of the national anthem.

## INTERNATIONAL MOTHER LANGUAGE DAY

Language is a combination of many sounds. One learns to pronounce these sounds in one's mother tongue. If there is no such thing as mother tongue, man, leave it only leaning other languages, he would have ended up shouting, whimpering and crying and would have reflected the first man.

Telugu language is quite ancient and it is praised by many people for its beauty and sweetness.

Nicolo Di Cante, a 16 century Venezian scholar, praised Telugu as the 'Italian of the East' . Rabindranath Tagore, a poet of Bengal origin and a Nobel laureate wondered 'Is Telugu a language or music?'. When asked why he was writing his epic book 'Amukamalyada' in Telugu, he answered with great pride that he was a Telugu King living in the Telugu land and that he declared that the language is the greatest of all Indian languages.



The programme conducted by the Telugu department had made every possible attempt to bring out its relevance. Dr. Uday Kiran, teaching associate of Dr. B.R.Ambedkar University, Srikakulam attended the programme as the guest speaker. He highlighted that Mother language day has the message that all the languages are equally great. He added that Telugu language has lost its coinage to such an extent it has slipped to 4th place. Once it was the 2nd largest spoken language in India, after Hindi. He advised the students against using English even for words which have nice equivalents in Telugu. Technical words, however when they do not have equal and well-sounding words, could be used.



Principal, Dr.. P. Swapna Haindavi, in her speech reminded the students that word is goddess Saraswati and it does not have extinction (aksharam naksharam). She congratulated all the students who participated in the poetry competitions. She expressed her surprise at the ease and felicity with which they wrote them.

Dr. P. Suryarao, Vice Principal said that we will be able to express ourselves better in Telugu only and that we do not know certain words, as also the grammar of even our own Telugu. Hence he entreated them to learn English without fear of committing errors and he reminded them that we are not speaking our Telugu without errors. An attempt to speak without any inhibitions will improve our communication skills, he said.



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జన విద్యోగ-శాలలు

## అమ్మ భాషతోనే అత్తగౌరవం



- మాతృభాషాపాఠ పాఠశాలలో జరిగిన కార్యక్రమం
- భారతదేశపు రాష్ట్రాన్ని సూచించడం, భాషాపాఠశాల పుట్టింపు వేడుక.
- భారతదేశ పట్టిక చూపించడం
- కళాభివృద్ధి పోటీలు
- కళాభివృద్ధి పోటీలు

మాతృభాషాపాఠ పాఠశాలలో జరిగిన కార్యక్రమం

భారతదేశపు రాష్ట్రాన్ని సూచించడం, భాషాపాఠశాల పుట్టింపు వేడుక.

భారతదేశ పట్టిక చూపించడం

కళాభివృద్ధి పోటీలు

కళాభివృద్ధి పోటీలు



Dr. Tarakeswararao, Lecturer in Telugu narrated at length what went into the organisation of the event. He congratulated the winners in poetry competitions.

Then a book with the title 'Kavita pushpalu' was released. And all the speakers were surprised at the range of topics of the poems, in traditional and modern style and their beauty. The programme began on a traditional note, with a prayer song, lightening of the lamp, and with the singing of the national anthem in the end. All the teaching and non teaching staff and students participated in the programme.

### **NATIONAL SCIENCE DAY**

Ryot brothers dreamed of flying like a bird. They worked for it. They succeeded in their effort. Programmes like science day help motivate people towards setting goals. Hence more essential is working for the goals and implementation of knowledge. Man has to grow and help the growth of society, principal Dr. P. Swapna Haindavi said in her address on the occasion of National Science Day celebrations. She said that what our puranas stated are now turned true. She rightly drew the attention of the audience that despite growth in population, Nobel prize recipients are only 2 so far and that science findings are happening, yet their fruits are not finding light and signed off saying that there is nothing impossible for man. She congratulated those students whose project was selected for exhibition at Adikavi Nannayya University, Rajahmundry.



An enquiry into the why, what and how is the essence of knowledge. Science is dynamic and so every step in the evolution of science has its part to in the advancement of humanity. What Tolemy said was negated by Copernicus. Cloning is the new aspect of science and a move to create a human clone is on the cards. Newton questioned why apple was not going upward. Science is the spirit of questioning and enquiry, said Vice- Principal Sri Suryarao, summing up his speech.

Dr. Tarakeswararao, Lecturer in Telugu opined that science should work for the welfare of the society. Saying what is widely accepted and proved beyond doubt is science, he mentioned the modern developments like genome sequencing and cloning.

Dr. Radha, Lecturer in Botany narrated that C.V Raman studied light passing through liquids, solids and gaseous materials and Harabind Khorana genetics and explained that broccoli is a human invention. She said that science is essential for a sustainable future.



Dr. Ramachandrarao-, lecturer in Zoology recalled that C.V.Raman received Nobel prize after 2 years of his discovery of Raman effect. He explained that science is how to live and technology is how to repair. While saying reasoning and questioning is science, he struck a note of caution that too much of anything, including technology is dangerous.

Dr. Chandrasekhar of Physics department said that questioning is indication of development. And he added that we do not a big laboratory to do experiments. In the same breath he narrated events planned for the science day.

The programme began with prayer and lightening of lamp. All those who joined hands to make the programme successful were presented with flower pots in the end by the principal.

## STUDENTS FOR AVISKAR

Once again Rajam government college is in the news for the right reasons. Our students have proved their mettle when they successfully worked on a project with the title 'New Lne at Railway line for Life Line' under the guidance of Dr. Chandrasekhar, Lecturer in Physics. This project works on how to allow passage to emergency vehicles at a railway crossing when the gates are closed. The team with Vineeta of 3B.Sc as the leader and Vineela, Harini and Lavanya as members is selected to represent the college at Adikavi Nannayya University, Rajahmundry 'Avishkar' educational and scientific competitions to present their exhibits. These competitions are being conducted jointly by Andhra Pradesh State Council of Science and Technology and All India Council of Technical Education. These competitions are conducted for two days and about 20 model projects are going to be presented. Dr. Joga Chandrasekhar, Lecturer in Physics said that they are striving to create scientific temper among the students. Principal, Dr. P. Swapna Haindavi, Vice Principal P. Suryarao, other staff both teaching and non teaching and students congratulated the team.



## రాష్ట్ర స్థాయి ఆవిష్కార్ పోటీలకు రాజాం విద్యార్థులు

రాజాం, ఏప్రిల్ 24 (ప్రత్యక్ష): రాజాం ప్రభుత్వ డిగ్రీ కళాశాల ఫైన్స్ విద్యార్థులు రాష్ట్ర స్థాయిలో ఆవిష్కార్ పోటీలకు ఎంపికయ్యారు. కళాశాల బౌతిక శా ఆధ్వర్యము ద్వారా జోగ. చంద్రశేఖర్ రావు నేతృత్వంలో విద్యార్థులు రూపొందించిన 'న్యూ లైన్ ఎట్ రైల్వే లైన్ ఫర్ లైఫ్ లైన్' ప్రాజెక్ట్ సమానా ఆత్మ నిర్వహించిన ప్రాజెక్ట్ అండ్ ఎంపైన్మెంట్ కళాశాల ప్రెసిడెంట్ ద్వారా పిన్ పుష్ప హౌండు గురువారం తెలిపారు. రైల్వేలో పడవన్నపుడు అంబులెన్స్ వంటి అత్యవసర వాహనాలు గేటు ఆవరణలో ఉన్నప్పుడు ద్వారా ప్రాణాలు కాపాడుకోవడం ఎలా అనే విషయం సూచనలు ఇచ్చారు. మార్కు 4.5 తేలికగా తూర్పుగా దావరి జిల్లా రాజాం నుండి వరం లోని ఆదిత్య నన్నయ విశ్వవిద్యాలయంలో ఆవిష్కార్ విద్యా వైఖ్యానిక పోటీలు వెంకటరమణ, మల్లేశ్వరరావు, శ్రీనివాసరావు తదితరులు అధినందనలు జరుగనున్నాయి. కళాశాల దీనిని ప్రథమ సంవత్సరం విద్యార్థులు పాఠశా, వి.ఎస్.ఎస్. తెలియజేశారు.



పి.రామణ్య సభ్యులుగా ఉన్న బృందానికి దీనిని తృప్తియ సంతకంలానికి చెందిన ఆర్.అనిత టీం రీడర్ గా వ్యవహరించనున్నారు. ఆవిష్కార్ అర్జనైజింగ్ కమిటీ, ఈ మేరకు తమ కళాశాల విద్యార్థులు రూపొందించిన ప్రాజెక్టు ను ప్రదర్శించేందుకు ఆహ్వానించినట్లు కళాశాల ప్రెసిడెంట్ తెలిపారు. విద్యార్థుల్లో శాస్త్రీయ దృక్పథం పెరుజేలా కృషి చేస్తున్న ఆధ్వర్యము ద్వారా జోగ చంద్రశేఖర్ ను, టీమ్లో ఉన్న విద్యార్థులను కళాశాల ప్రెసిడెంట్ ద్వారా పి.నన్నప్ప హౌండువి, వైస్ ప్రెసిడెంట్ పి.సూర్యరావు, అధ్యాపకులు, రమేష్ నాయుడు, ద్వారా రామచంద్ర రావు, ద్వారా తారకేశ్వర రావు, ద్వారా వేణుగోపాల్ రావు, ద్వారా రాధా, ప్రసాదరావు, రామ్మరావు, తెలియజేశారు.